

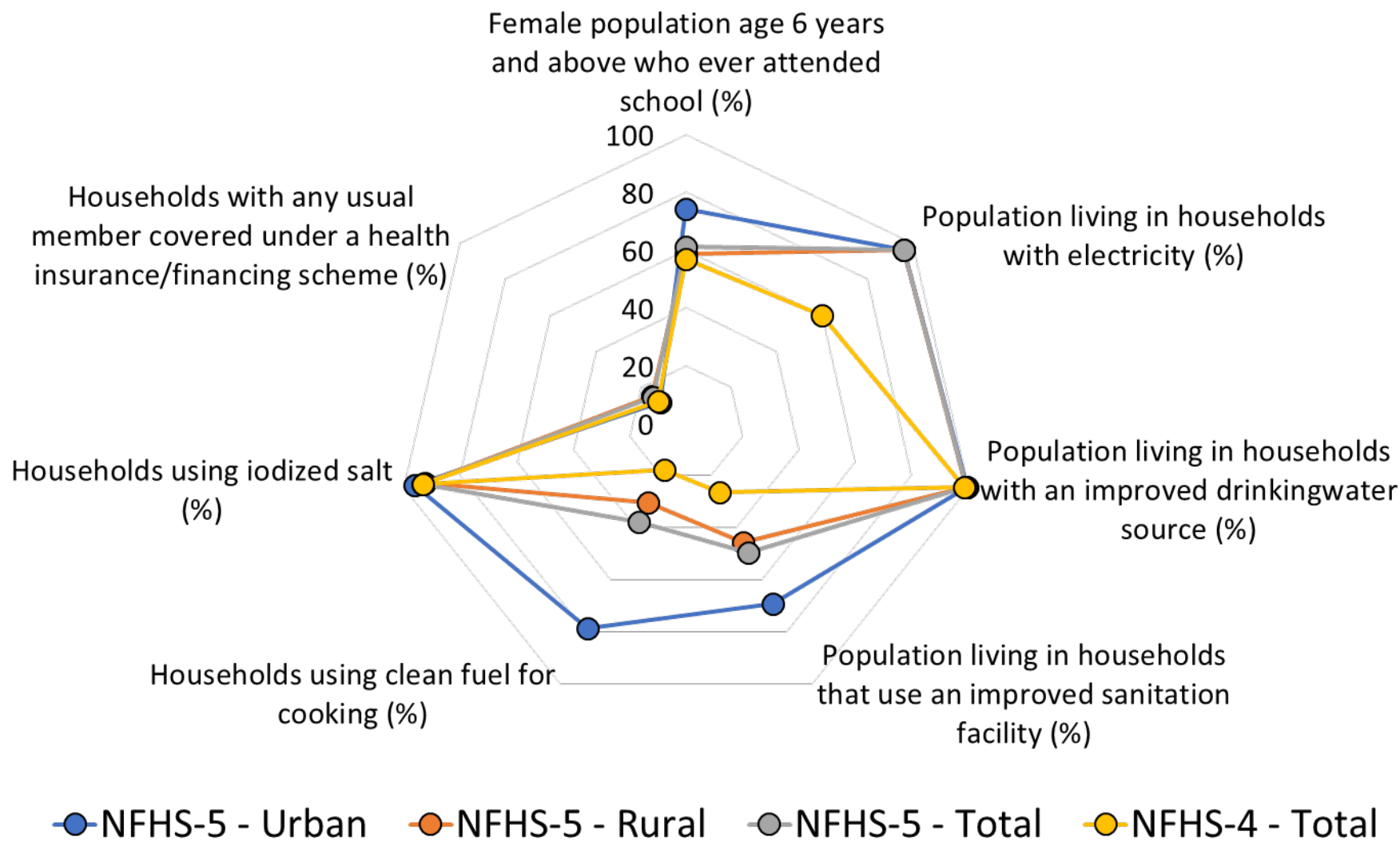
National Family and Health Survey (NFHS) – 5, 2019-20

Analysis & Visualization

Bihar

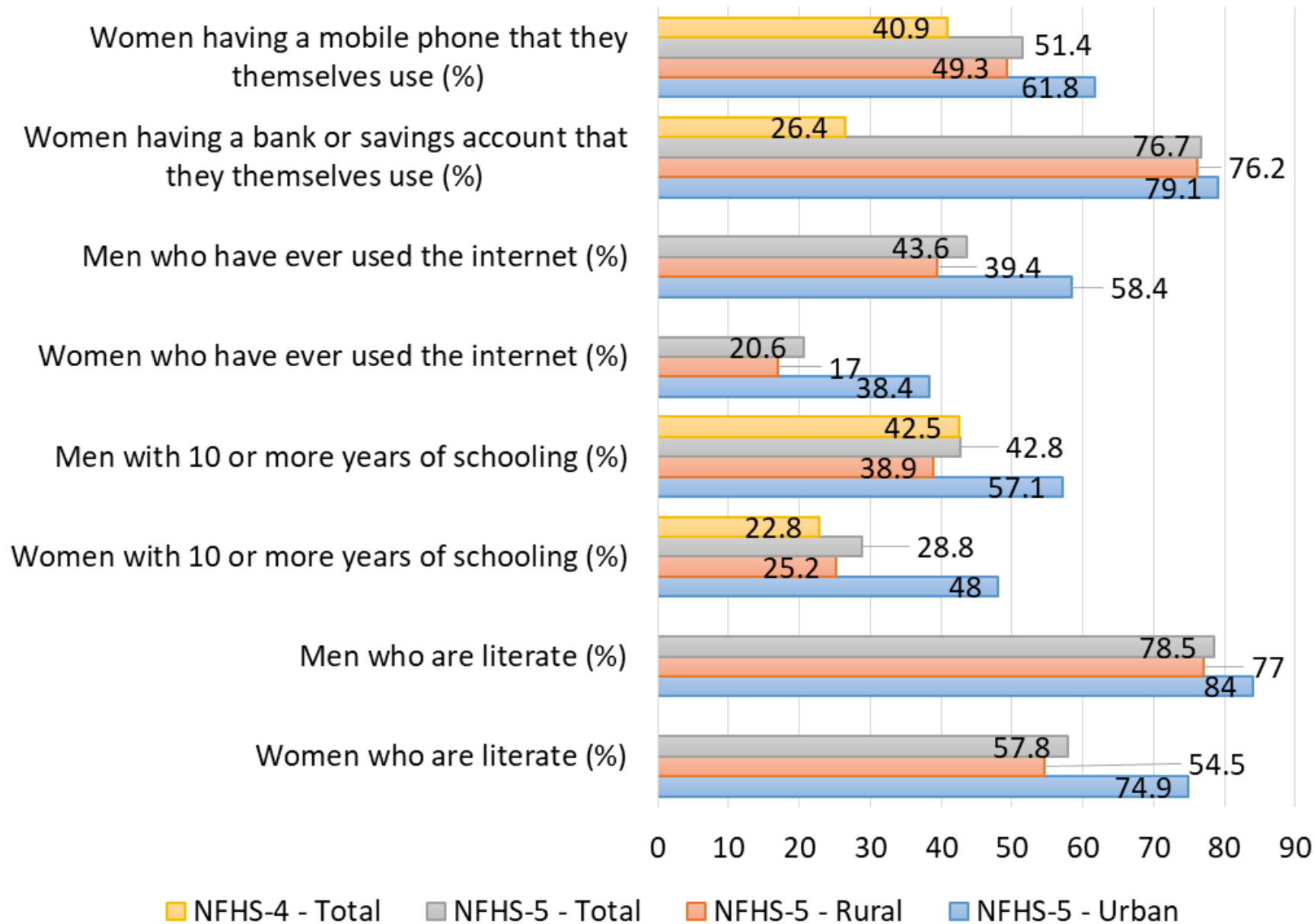


Population & Household Profile



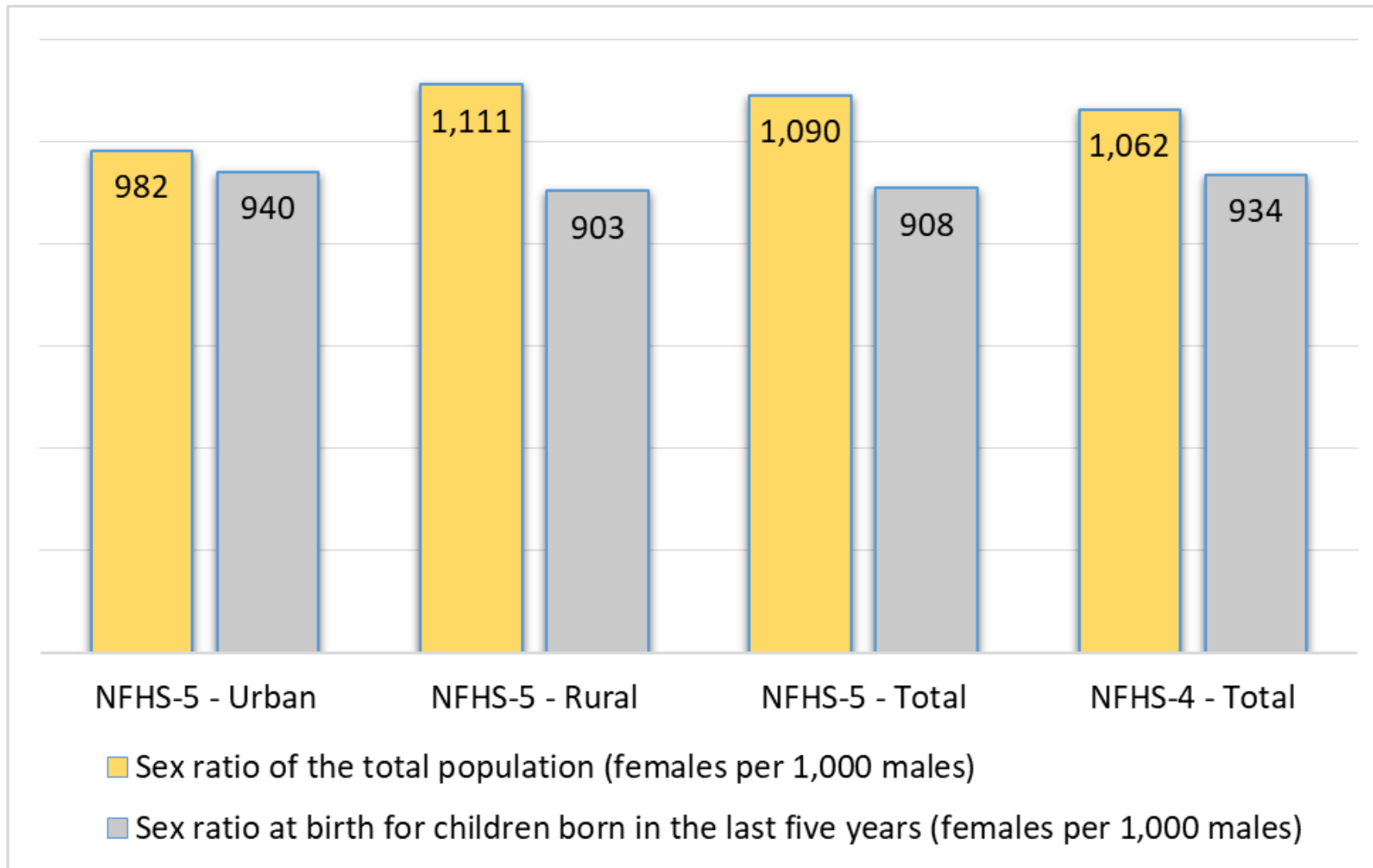
- Households using clean fuel for cooking is less than 40% in rural areas and needs improvement (NFHS-5)
- More populations are now living in HHs with electricity, using an improved sanitation facility and using clean fuel for cooking as compared to NFHS-4
- HHs covered under a health insurance needs improvement

Women Empowerment



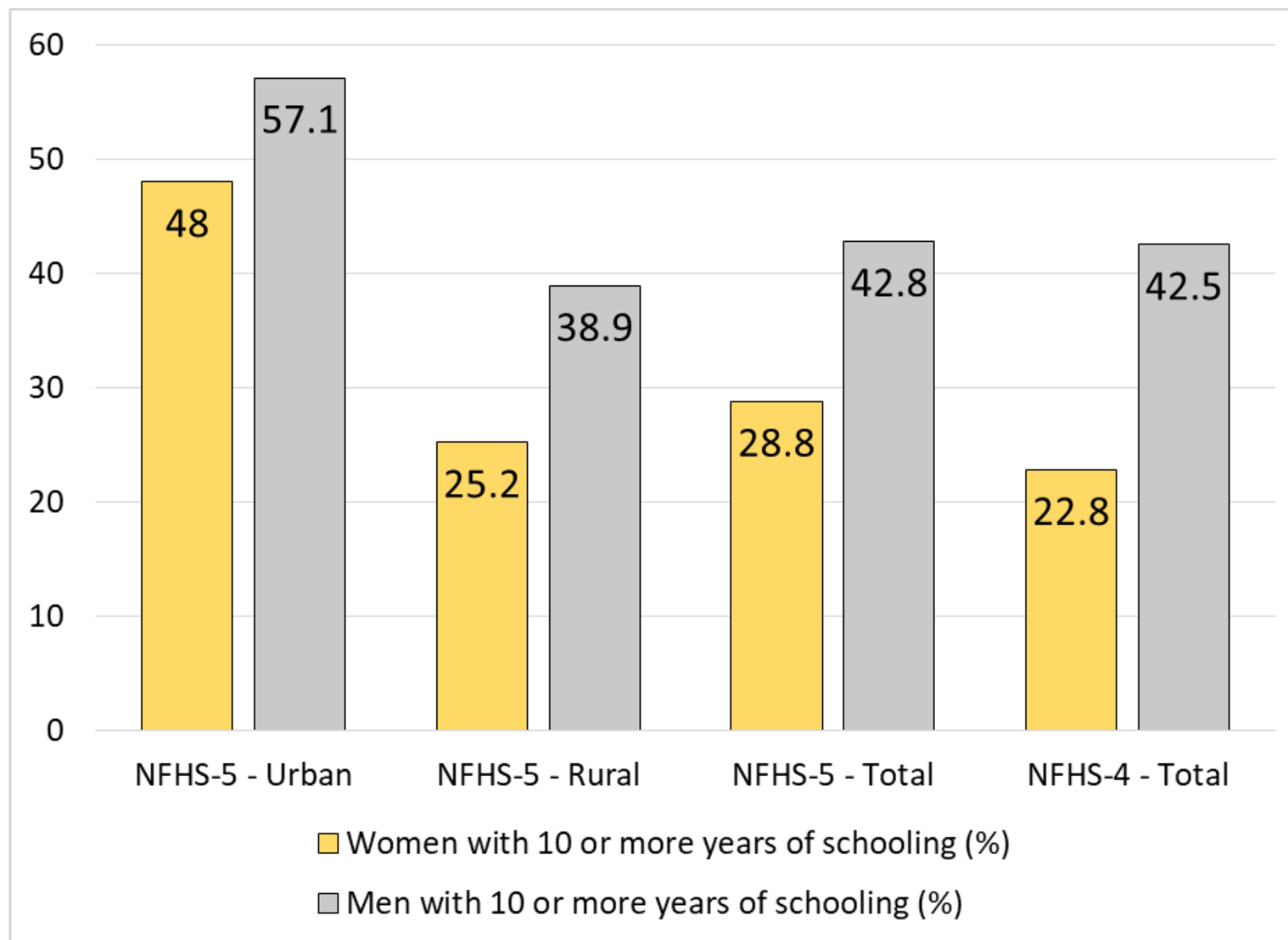
- The percentage of women who ever used internet is less than men
- The percentage of women who ever used internet in urban area is more than rural.
- There is still difference between percentage of women and men literacy

Sex Ratio



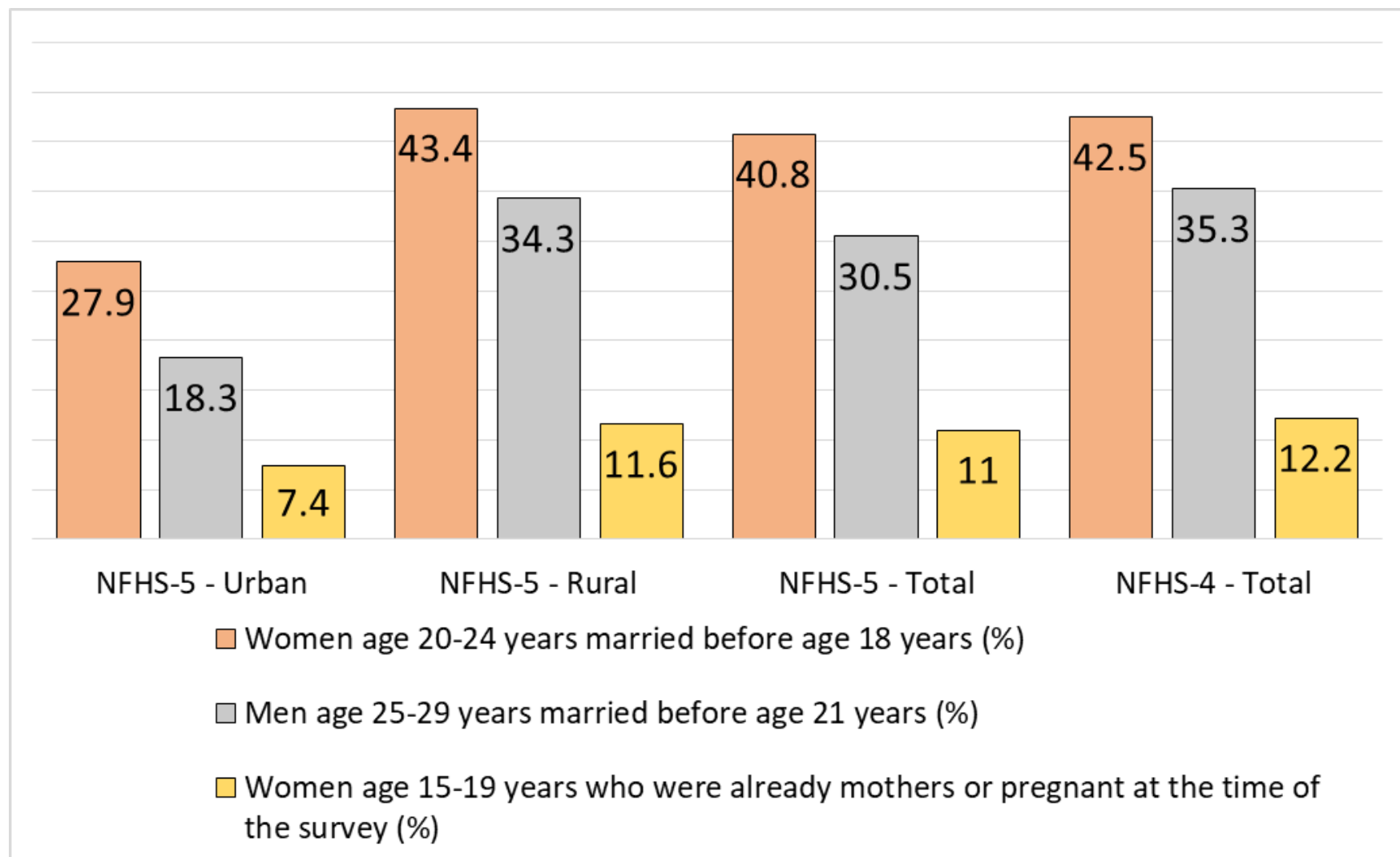
- Sex ratio of the total population has decreased from NFHS-4 to 5
- Sex ratio at birth for children born in the last five years have increased from NFHS-4 to 5
- Sex ratio in rural area has deteriorated, whereas in urban area it has increased

Schooling



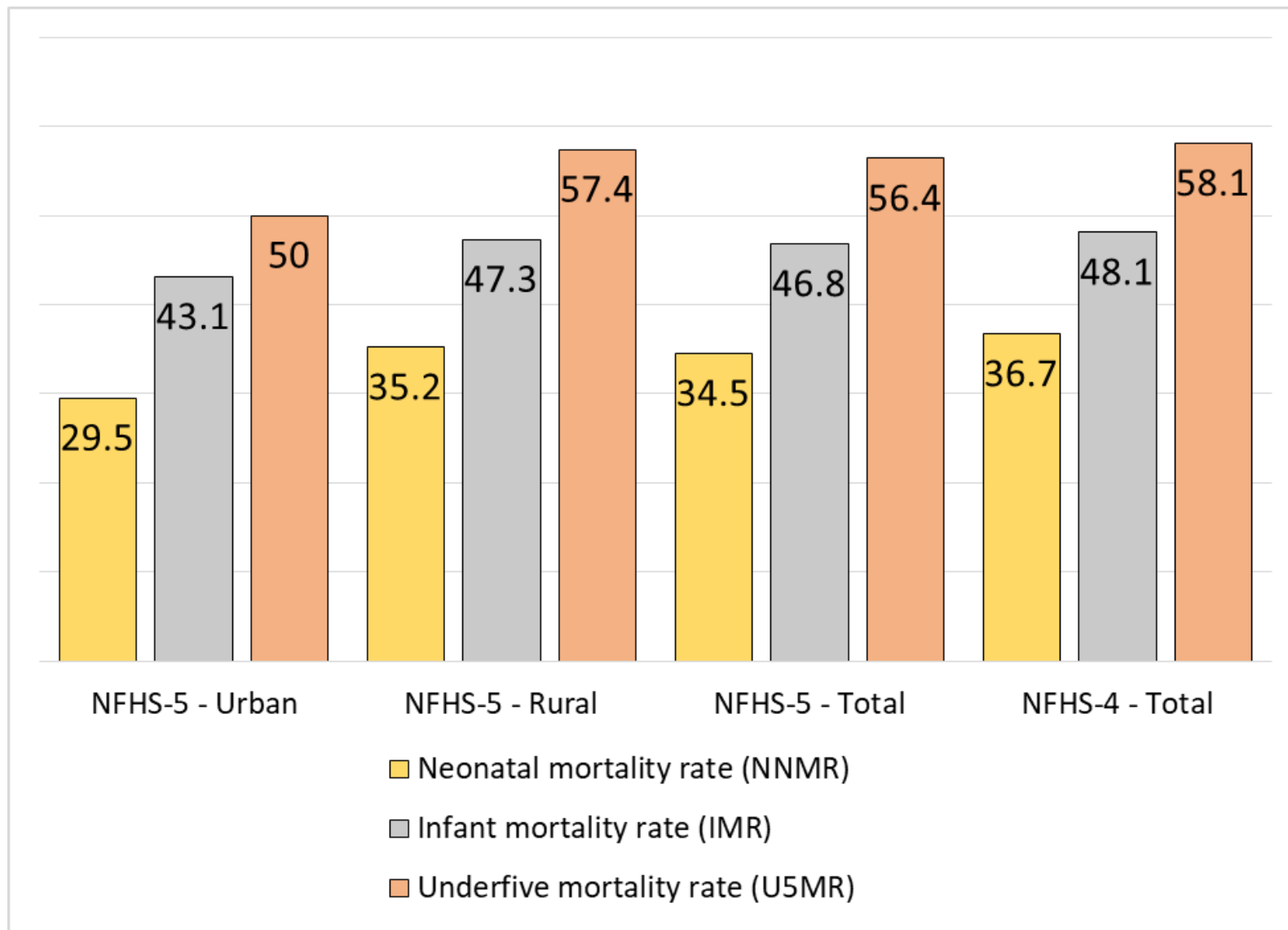
- Slight improvements is seen for women and men with 10+ years of schooling from NFHS-4 to NFHS-5. In urban area the improvement is quite significant while in the rural areas more improvement is needed

Marriage & Fertility



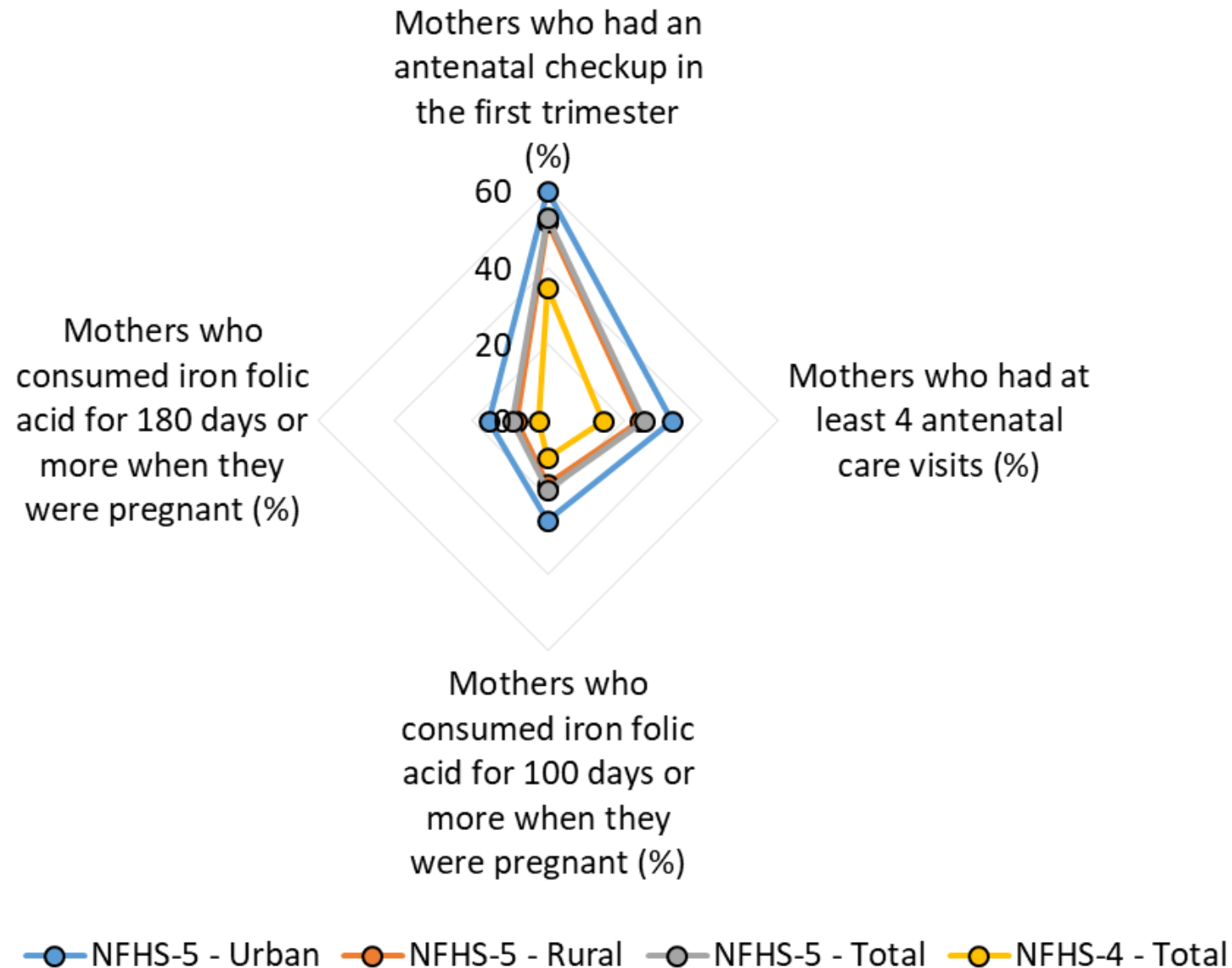
- Women age 15-19 years pregnant at the time of survey has gone down from 12.2 to 11 % in from NFHS-4 to NFHS-5
- Women age 20—24 years married before age 18 years has decreased from 42.5 to 40.8 percentage from NFHS - 4 to 5.
- Urban areas are performing better as compared to rural areas.

Infant and Child Mortality Rate (per 1,000 live births)



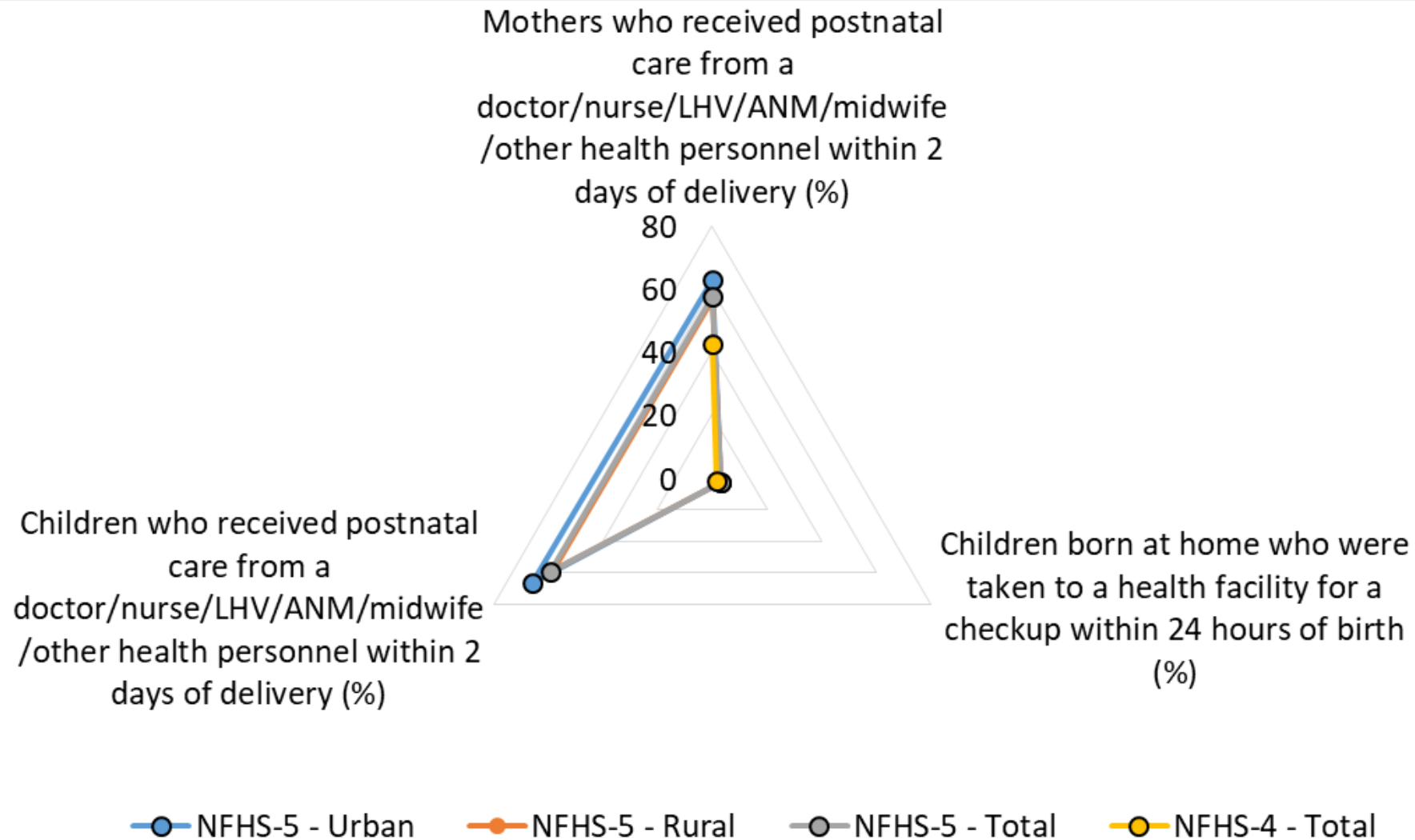
- NNMR, IMR, U5MR all have shown significant reductions from NFHS-4 to NFHS-5 and especially urban areas
- The rate of decrease from NFHS-4 to 5 is low and needs improvement

Antenatal Care



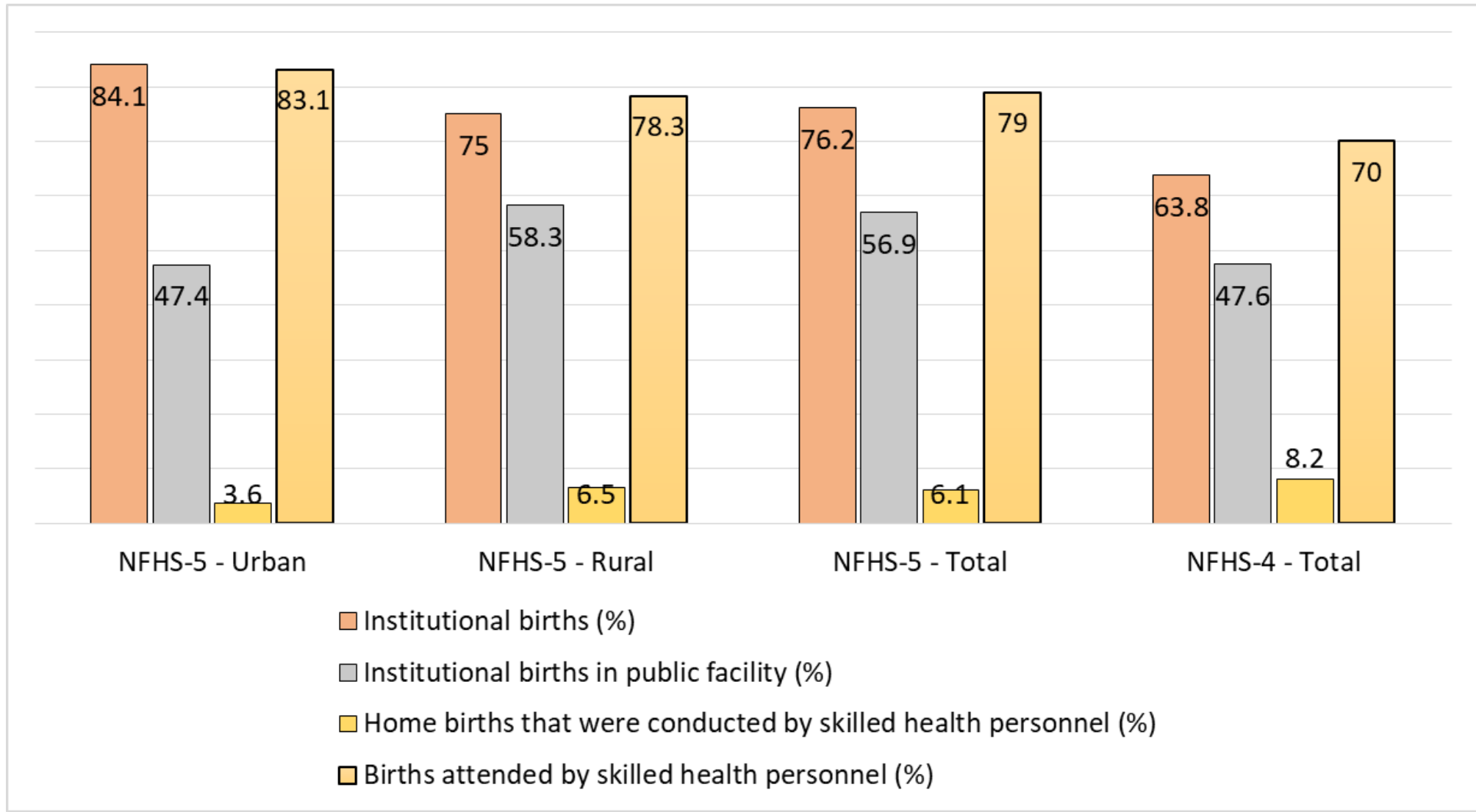
- All antenatal care parameters have shown improvement from NFHS-4 to NFHS-5 with maximum improvement in mothers who had an antenatal check-up in the first trimester.

Postnatal Care



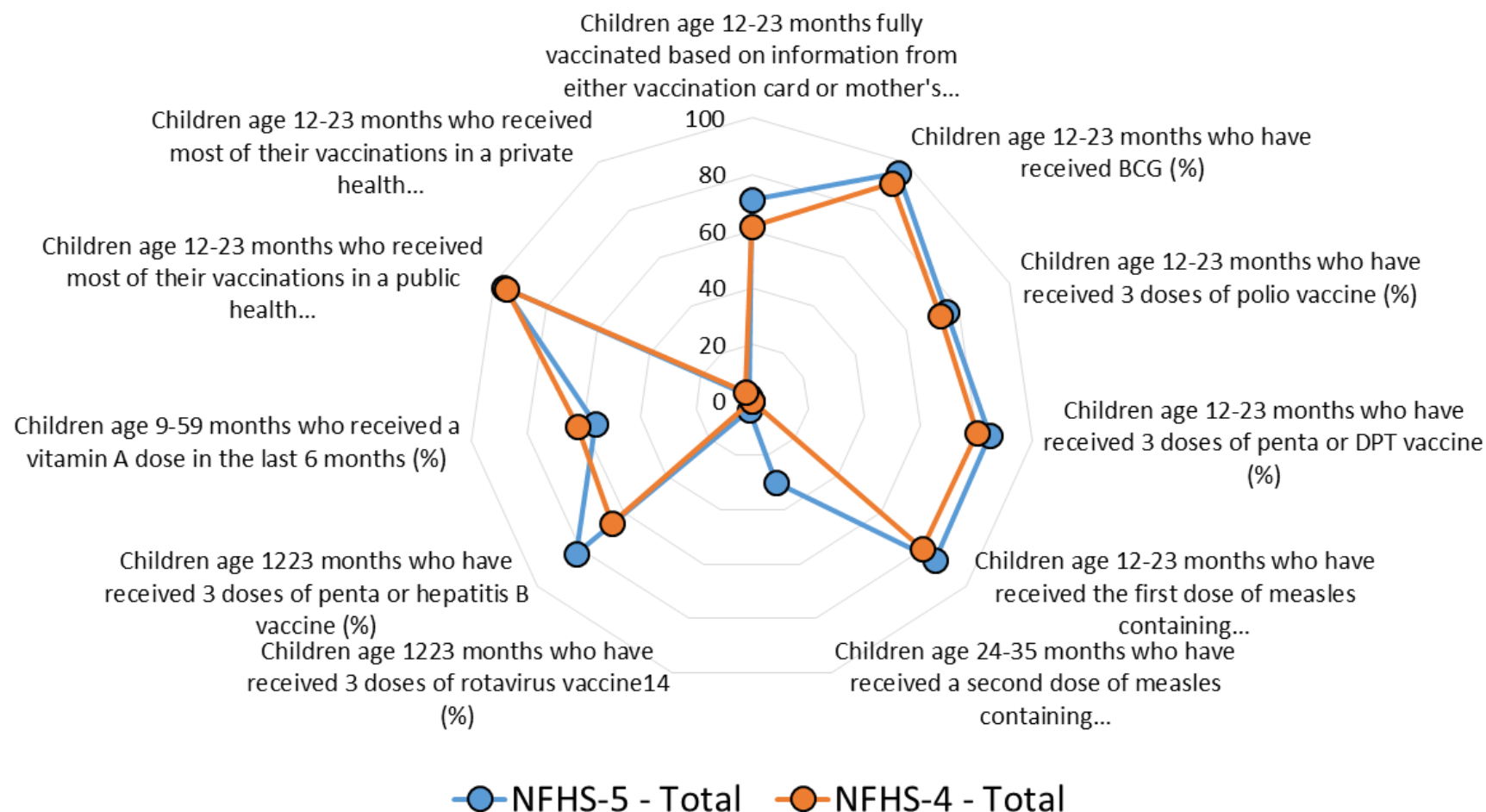
- Mothers and children who received postnatal care within 2 days of delivery have improved from NFHS-4 to NFHS-5
- Children born at home taken to a health facility within 24 hours of birth continues to remain a concern

Delivery Care (for births in the 5 years before the survey)



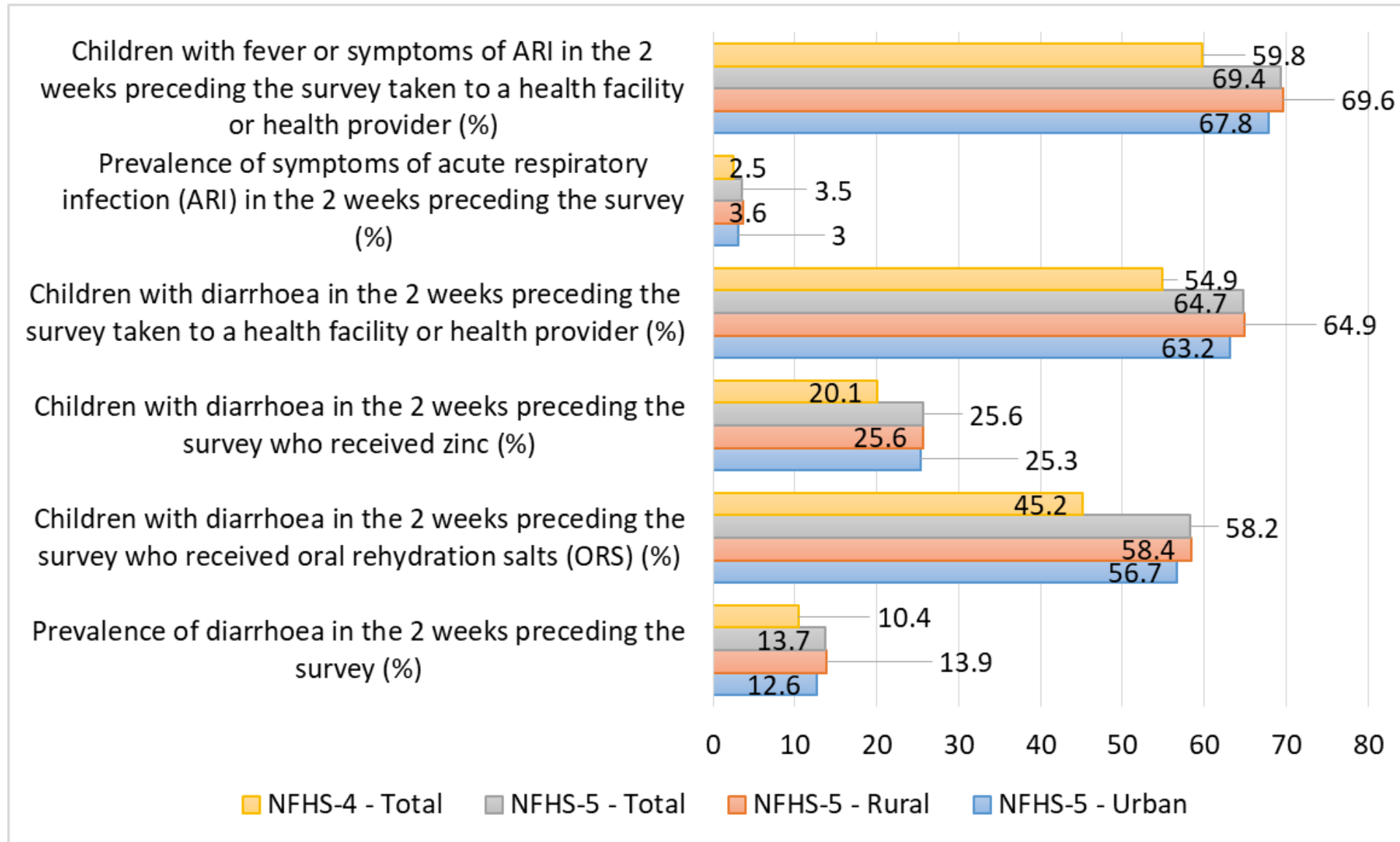
- Total Institutional births, institutional births in public facility and births attended by skilled health personnel all have shown improvements from NFHS-4 to NFHS-5. Home births conducted by skilled health personnel is a matter of concern.

Child Vaccinations & Vitamin A Supplementation

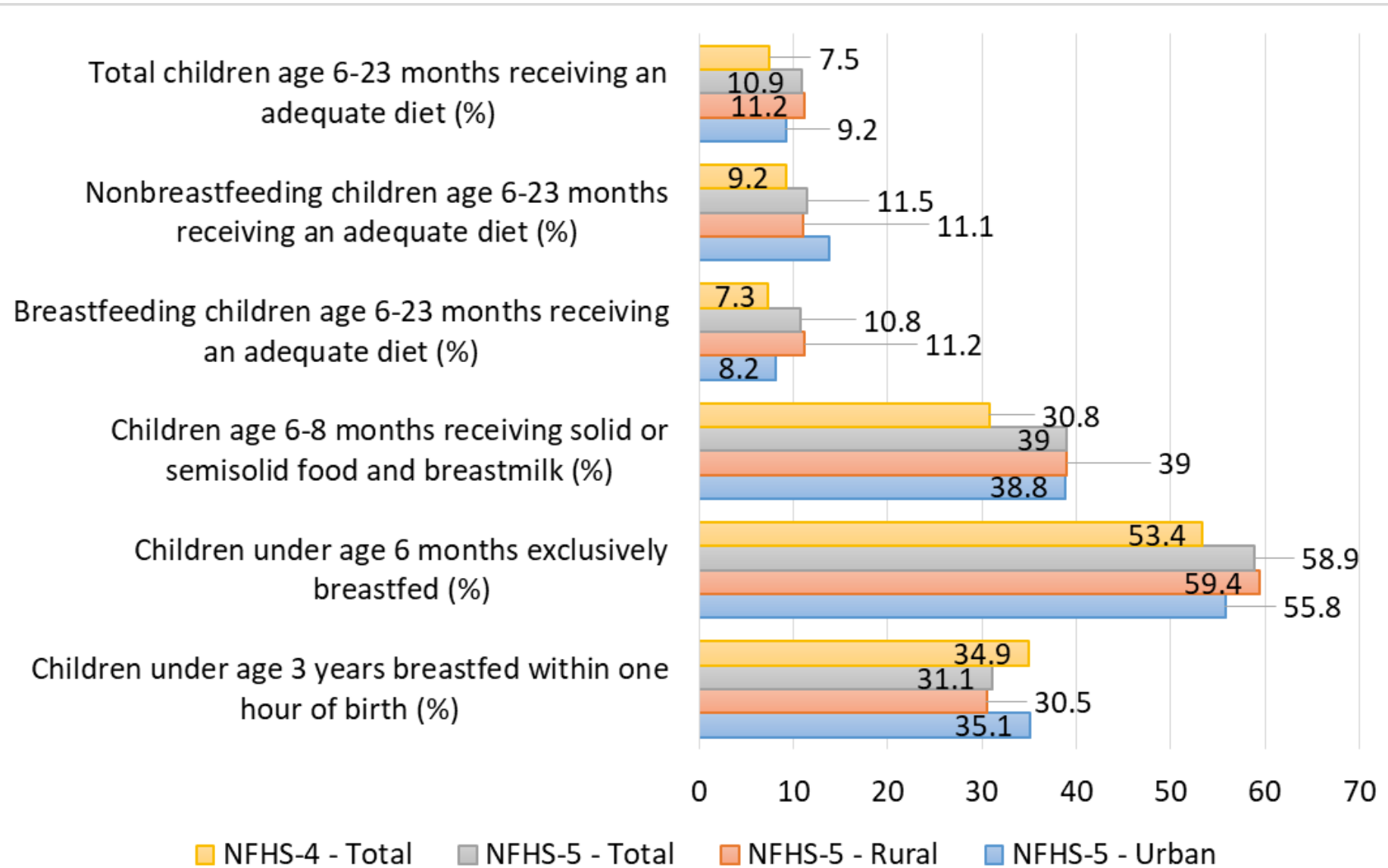


- Almost all child vaccinations and Vitamin A supplementation parameters have shown slight improvements from NFHS-4 to NFHS-5, except in doses of vitamin

Treatment of childhood Diseases (children under age 5 years)

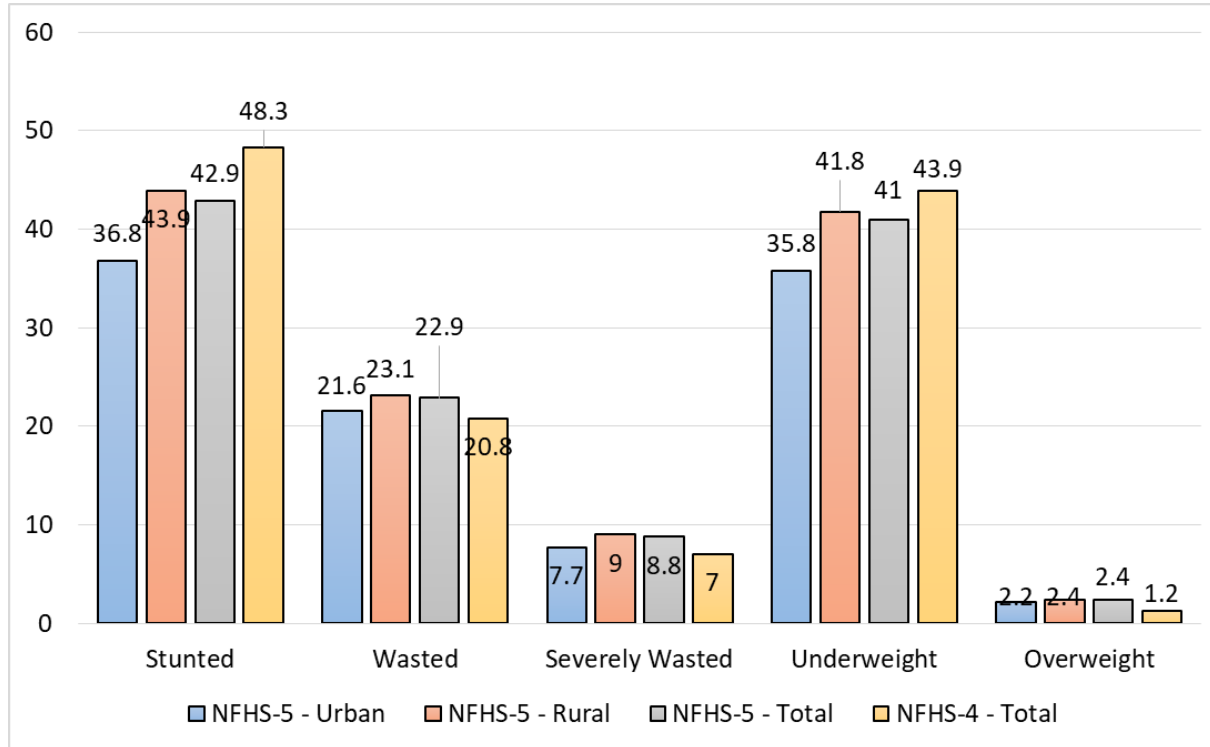


Infant Young and Child Feeding Practices (IYCF)

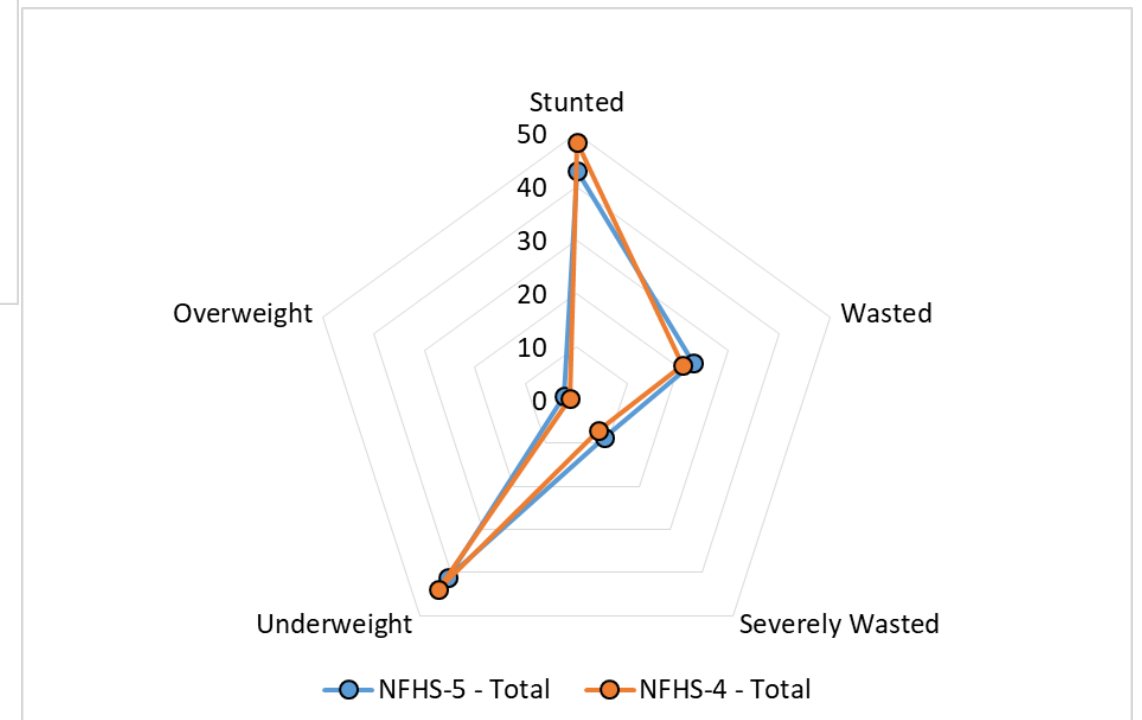


- Total Children (6-23 months) receiving an adequate diet has improved slightly
- Exclusive breastfeeding has increased
- Children breastfed within one hour has reduced.

Anthropometric Indicators



- Stunting has reduced in the state from NFHS-4 to 5
- Wasting, severe wasting and overweight has increased in the state from NFHS-4 to NFHS-5



Nutritional Status of Adults (age 15-49 years)

Men who are overweight or obese (BMI ≥ 25.0 kg/m²) (%)

12.6

14.7

13.6

18.7

Women who are overweight or obese (BMI ≥ 25.0 kg/m²) (%)

11.7

15.9

14.2

25.2

Men whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m²) (%)

25.4

21.5

23.8

12.9

Women whose Body Mass Index (BMI) is below normal (BMI < 18.5 kg/m²) (%)

30.4

25.6

26.9

18.7

0 5 10 15 20 25 30 35

■ NFHS-4 - Total

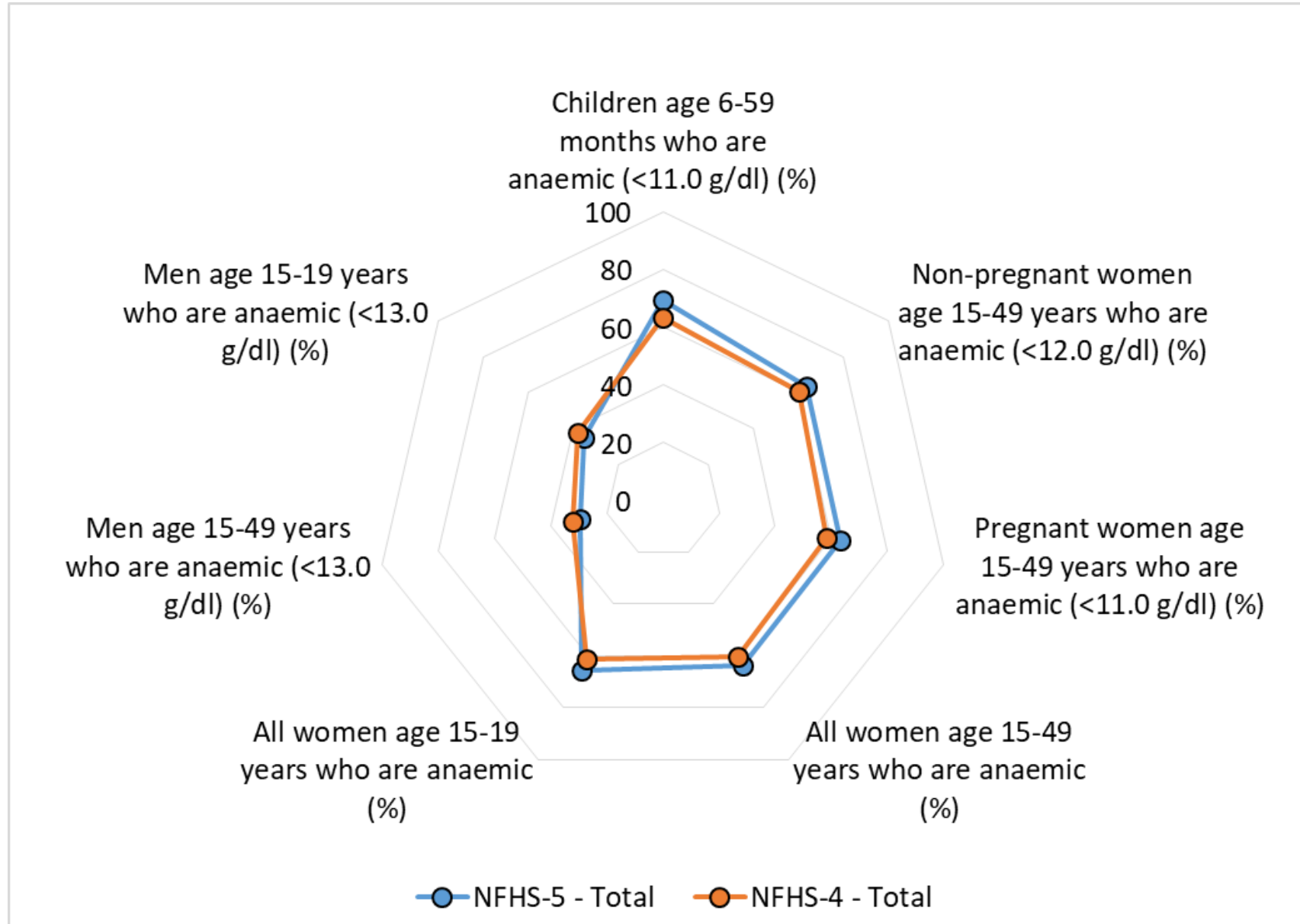
■ NFHS-5 - Total

■ NFHS-5 - Rural

■ NFHS-5 - Urban

- The percentage of BMI in men and women above normal has increased in the state from NFHS-4 to 5
- The percentage of BMI of men and women below normal has decreased from NFHS-4 to 5

Anaemia among Children & Adults



- There not much significant variation in percentage anaemia in the state of Bihar from NFHS – 4 to 5



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